

Instructions

- 1 Input the dates of your exams
- 2 Input any significant events which will distract you from your revision
- 3 Shade in days still in school - colour code for light and heavy lesson days
- 4 Input any social events you have or expect to have
- 5 Input any activities you do
- 6 On each non-school day select 2 of the 3 time periods in which you will revise, blank out the third as 'your' time
- 7 In the blank spaces and on light school days input the subjects you need to cover
You may choose to do three stints of the same subject or you may want to vary the subjects per session
- 8 Input topics you will cover in each session
- 9 Input past paper sessions

Notes You can only concentrate effectively for 45 minutes then have a short (max 10 min) break.
Vary your activities, use papers, websites, posters, cue cards etc
Try revising with a friend

This will only work if in the sessions you really work. If you skip an hour you must make it back up from some of your 'me' time!